

Date: \_\_\_\_\_

Community Cycle Club: \_\_\_\_\_



# New Club Participant Sign-up Sheet

## About you

Full name:


Gender:

Female  Male Other:

Date of birth

Postcode

Email (please print clearly)

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Please tick here if you consent to your data being used for the purposes of Cycling UK monitoring and evaluation. For full terms see Privacy Notice.\*

### How would you describe your ethnic origin?

#### White

- English
- Scottish
- Welsh
- Northern Irish
- British
- Irish
- \*Other

#### Black or Black British

- Caribbean
- African
- \*Other
- Other Ethnic Group**
- Arab
- \*Other

#### Asian or Asian British

- Indian
- Pakistani
- Bangladeshi
- Chinese
- \*Other

#### Mixed

- White & Black Caribbean
- White & Black African
- White & Asian
- \*Other

### What is your employment status? (Tick all that apply)

- Employed full-time
- Self-employed
- Work from home
- Employed part-time
- Full-time education / training
- Part time education / training
- Retired
- Not currently employed
- Full time parent / carer

## Cycling information (for the new participantt)

### What are your motivations for attending? (Tick all that apply)

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Fix / Service your bike   | <input type="checkbox"/> Learn to ride              | <input type="checkbox"/> Meet new people/ socialise  |
| <input type="checkbox"/> Learn to maintain my bike | <input type="checkbox"/> Receive cycle training     | <input type="checkbox"/> Explore my neighbourhood    |
| <input type="checkbox"/> Go on a bike ride         | <input type="checkbox"/> Build confidence on a bike | <input type="checkbox"/> Improve my physical health  |
| <input type="checkbox"/> Learn safety tips         |   | <input type="checkbox"/> Improve my mental wellbeing |

### Roughly, how often do you cycle?

- |   |   |
|---|---|
| <input type="checkbox"/> Never                | <input type="checkbox"/> Fortnightly      |
| <input type="checkbox"/> Not in the last year | <input type="checkbox"/> 1-2 times a week |
| <input type="checkbox"/> Once or twice a year | <input type="checkbox"/> 3-5 times a week |
| <input type="checkbox"/> Monthly              | <input type="checkbox"/> Daily            |

### How do you normally travel for the following trips?

	Car	Cycle	Walk	Public Transport	Other /NA
Work	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Education	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Shopping	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Visit friends and family	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other trips (i.e. school run)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Other leisure activities (i.e. cinema or sportsground)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

### In the past week, how much physical activity, which was enough to raise your breathing rate, have you done?

- |                                       |  |  |                                       |
|---------------------------------------|--|--|---------------------------------------|
| <input type="checkbox"/> 0 minutes    | <input type="checkbox"/> 31-60 minutes | <input type="checkbox"/> 91-120 minutes  | <input type="checkbox"/> 150+ minutes |
| <input type="checkbox"/> 1-30 minutes | <input type="checkbox"/> 61-90 minutes | <input type="checkbox"/> 121-150 minutes |                                       |

### Do you have a disability / long term health condition that affects the way you travel?

- |                                       |
|---------------------------------------|
| <input type="checkbox"/> No condition |
| <input type="checkbox"/> Physical     |
| <input type="checkbox"/> Mental       |



## \* Privacy Notice

Community Cycle Clubs are a project delivered by Cycling UK with the aim of encouraging people to cycle more. Community Cycle Clubs form part of Cycling UK's outreach and behaviour change work which aims to increase participation and access to cycling across the UK.

For General Data Protection Regulation (GDPR), the 'controller' of the personal data which you provide in the attached form is Cycling UK ("Cycling UK", "we", "us") of Parklands, Railton Road, Guildford, GU2 9JX (Tel:01483 238 301). Our Privacy Policy can be viewed at [www.cyclinguk.org/privacy](http://www.cyclinguk.org/privacy)

Cycling UK's Data Protection Officer can be contacted on [dpo@cyclinguk.org](mailto:dpo@cyclinguk.org) Tel: 01483 238 300

\*Cycling UK is collecting and processing this data for the purpose of monitoring and evaluating the impact of behaviour change programmes. By giving your consent to Cycling UK, you consent to your personal data being used and understand that this will involve Cycling UK contacting you with a follow-up questionnaire to assess the programmes impact.

Your personal information which is classed as 'sensitive personal data' under GDPR, namely information about your ethnicity, will only be used for the above purposes if you consent.

Information which is not 'sensitive' and therefore 'personal data', will be processed on the basis of our legitimate interest to monitor and evaluate the impact of the behaviour change programmes and we do not require your consent to use such data for this purpose.

There may be other circumstances in which we may share or use certain information about you, which are:

1. if we have a legal obligation to do so or if we are required or requested to do so by a competent authority such as the police or a court;
2. if we need to use or disclose your information to obtain legal advice or in connection with legal proceedings;
3. if we need to share your information to protect your vital interests if you are unable to give us consent or it is unreasonable for us to ask for your consent in the circumstances (e.g. if you are injured).

The information you provide us with may be accessed and used by our staff and contractors for the purposes we have specified. The information will be stored on Cycling UK's 'UPSHOT' account. UPSHOT is a UK charity which provides us with performance management software and their Privacy Policy can be viewed at <http://www.upshot.org.uk/legal>

We will retain your information for the period of the programme after which time the data held will be deleted.

As a data subject you have a number of rights under GDPR. These include the right to access the information which we hold about you. You may have the right to have your personal data rectified, erased or restricted, and to object to certain use of your data. You have an absolute right to demand that you stop receiving marketing information. Please do not hesitate to contact our Data Protection Officer should you wish for more information about your rights.

You may also withdraw your consent at any time by contacting our Data Protection Officer. This would not affect the legality of what we do with your personal data before you withdraw consent and would not stop us from continuing to use your data to the extent that we do not require your consent. It would stop us from further using data for purposes which require your consent (sensitive personal data and marketing).

If you are unsatisfied with the manner in which we collect or handle your personal data you have a right to make a complaint to the Information Commissioner's Office. Information about how to make complaints can be found on the ICO's website.

The information which you provide will ONLY be used in the manner described in the privacy notice. If you agree to Cycling UK using your information as specified, please provide your consent by ticking the appropriate box.

Cycling UK sending you information about cycling-related services that we offer.

You can withdraw your participation at any time by contacting us at the following address:

Cycling UK, Parklands, Railton Road, Guildford, GU2 9JX, email: [communitycycleclubs@cyclinguk.org](mailto:communitycycleclubs@cyclinguk.org) or Tel: 01483 238 301